

## Navigating Transitions During Disruptive Change

Sample Schedule

### Day 1

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9:00 AM - 9:10 AM EDT

#### **Welcome and Introduction**

Hal Gregersen

9:10 AM - 9:55 AM EDT

#### **Transition-Curve Leadership During Disruptive Change**

Hal Gregersen

- Explore the extensive challenges experienced by individuals during disruptive change
- Learn and apply the power of the Transition-curve Framework

9:55 AM - 10:05 AM EDT

#### **Break**

10:05 AM - 11:05 AM EDT

#### **Transition Curve Framework: Adjusting Roles**

Hal Gregersen

- Explore how current roles within your context will be challenged through digital transformation
- Apply the adjusting roles curve to counter role challenges within a transforming organization

11:05 AM - 11:15 AM EDT

#### **Break**

11:15 AM - 12:15 PM EDT

#### **Transition Curve Framework: Shifting Capabilities**

Hal Gregersen

- Explore the shifting capabilities curve in the transition-curve framework to improve how people are led through task changes during disruptive change

- Understand the challenges associated with shifting capabilities as a result of shifting roles
- Learn about the three barriers to changing capabilities within an organization and determine how to overcome those barriers

12:15 PM - 1:15 PM EDT

**Break**

1:15 PM - 2:00 PM EDT

### **Transition Curve Framework: Evolving Identities**

Hal Gregersen

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- Learn how changing roles and skills influence our evolving sense of self
- Discuss key identity-related questions related to disruptive change: Who am I? What might I become: Who am I becoming? Who have I become
- Explore how to experiment with evolving identities during disruptive change

2:00 PM - 2:10 PM EDT

**Break**

2:10 PM - 3:10 PM EDT

### **Transition Curve Framework: Managing Emotions**

Hal Gregersen

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- Evaluate common emotional responses to adjusting roles, shifting capabilities, and evolving identities
- Learn to acknowledge loss as part of the emotional journey of adapting to change.
- Recommend ways to manage emotions more effectively during the change journey
- Audit and establish an awareness of your own emotions to navigate disruptive change.

3:10 PM - 3:20 PM EDT

**Break**

3:20 PM - 4:00 PM EDT

### **What Questions, Insights, and Calls-to-Action Surfaced During Day 1?**

Hal Gregersen, Marsha Dunn

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Reflections on graphic facilitation visuals to deepen insight, foster collaboration, and strengthen calls-to-action

## Day 2

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9:00 AM - 9:30 AM EDT

### **What Questions, Insights, and Calls-to-Action Surfaced Overnight?**

Hal Gregersen, Marsha Dunn

9:30 AM - 10:40 AM EDT

### **The Super Power of Inquiry**

Hal Gregersen

10:40 AM - 10:50 AM EDT

### **Break**

10:50 AM - 12:15 PM EDT

### **Leveraging the Superpower of Inquiry**

Hal Gregersen

12:15 PM - 1:00 PM EDT

### **Break**

1:00 PM - 1:15 PM EDT

### **Certificate Ceremony**

1:15 PM - 2:15 PM EDT

### **Sustaining the Superpower of Psychological Safety**

Hal Gregersen

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- How can Question Conditions, Question Bursts, and Question Audits make a difference in your team and organization?
  - How does the questioning toolkit strengthen/influence psychological safety?
  - Explore how psychological safety can support progress along every element of the transition curve framework: adjusting roles, shifting capabilities, evolving identities and managing emotions
  - Build stronger psychological safety into your team and organization during disruptive change

2:15 PM - 2:25 PM EDT

### **Break**

2:25 PM - 3:05 PM EDT

### **Engaging The Transition Curve Framework Effectively at Work and in Life**

Hal Gregersen

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Sustain transformational transitions by systematically harnessing the transition curve framework throughout the entire process

Learn how to see and prepare for the next unknown transition — sooner than later

Create a solid transition team for productive follow-up

3:05 PM - 3:15 PM EDT

**Break**

3:15 PM - 4:00 PM EDT

**Integrating Insight and Generating Positive Impact Going Forward**

Hal Gregersen, Marsha Dunn

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- Final reflections on graphic facilitation visuals from both days to deepen insight, foster collaboration, and strengthen calls-to-action going forward

*Schedule subject to change*