Neuroscience for Leadership provides hands-on application of concepts and techniques deriving from brain research and psychology that can improve your individual leadership performance, as well as that of your team and organization. The program will examine a number of issues, including the power of neuroplasticity in unleashing your brain agility and resilience, how to vision the future through storytelling, and how to create the conditions for success in your organization by leading teams and shifting the culture from fear to trust. As a participant, you will be offered brain-friendly catering, guided meditation, optional yoga, and a confidential brain profiler report.

**WHEN**

Jan 13 – 15, 2021

Apr 7 – 9, 2021

**PRICE**

$4,300

**WHERE**

Live Online - Zoom

**EXECUTIVE CERTIFICATE TRACK**

Management and Leadership

Please visit our website for the most current information.

executive.mit.edu/nl
TAKEAWAYS

Through lectures, discussions, and hands-on exercises, the program will empower you to:

• Raise your awareness of existing leadership behavioral patterns
• Focus attention on behaviors and actions promoting resilience
• Harness neuroscience to embed sustainable behavior change through plasticity of brain connections and pathways through deliberate practice
• Implement measures that hold you accountable and pre-empt barriers to leading sustainable performance

WHO SHOULD ATTEND

• Senior-level leaders who want to gain deeper understanding of their leadership behaviors and gain a competitive edge by understanding how the brain works
• Those who lead people who are technically strong, motivated, and intelligent
• Those working in large complex organizations with diverse markets, who are interested in learning more about their own mental processes, how to change, and how to set up the context to improve development.

I was extremely pleased with the program and fascinated to learn some practical tools to train my brain and become a better person, in my personal and my professional life. The discussions and the interactions with a very diverse group of people from different parts of the world was a plus. At the end of the two day course I had a plan of action and was committed to form new pathways. The program is a life changing experience.

OVERALL RATING | ★★★★★

– Christine P

CONTACT INFORMATION

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Participants can participate in optional yoga

*Please note, faculty may be subject to change.