

*Please note, all times listed are in Eastern US time zone*

**\*\*Schedule subject to change\*\***

**DAY 1**

**15 minute breaks will be provided.**

8:30 - 1:00 PM

**Introduction to Applied Neuroscience  
Attention and Perspectives Exercises  
Thin Slices Research  
How to Read a Neuroscience Paper  
Stress and Resilience**

**DAY 2**

8:30 – 1:00 PM

**Managing Through Trust  
Brain Threats and Opportunities**

**Debrief Day 1 & Trust and Hormone Articles  
Gender and Cultural Diversity -  
Confidence and Innovation at Work**

**DAY 3**

8:30 – 1:00 PM

**The Future of Business – AI & OP at work  
Neurozone results  
Financial Risk-Taking and Decision-Making:  
Your Brain on Money  
Neural Tethering Model**